

# BIO-DATA

## 1) Genral Information :-

**Full Name** : Dr. ANITA M. LOKHANDE - TAPRE  
**Address** : "Saukhya Samruddhi" Ayodhya Nagar  
Chandrapur Road, Gadchiroli  
**Teaching Experience** : 26 Years [From 1<sup>st</sup> July 1992 to till date]  
Mahila Mahavidyalaya, Gadchiroli  
**Contact** : Mob. 9420511560  
**E- Mail** : [anitalokhande11@gmail.com](mailto:anitalokhande11@gmail.com)

2) **Education Qualification** : M.A. [Mlt.], M.P.Ed., Ph.D.

## 3) Completed Research Projecct :- 30/06/2015

U.G.C. Sponsored Research Project entitled, "Study of Swayamsiddha Trainee Women Gadchiroli District."

## 4) Achivement of Teacher/Awards Nomination.

▪	उत्कृष्ट क्रीडा संघटक पुरस्कार २०१८ गडचिरोली जिल्हा
▪	अखिल भारतीय प्रतिभा सन्मान पुरस्कार मासीक अनोखा विश्वास
▪	"महात्मा ज्योतीबा फुले शिक्षाविद पुरस्कार" २५ फेब्रुवारी २००५.
▪	निर्भय बेटी सुरक्षा अभियान समिती नागपूर "आत्मसुरक्षा महाशिबिर" १६ डिसेंबर २०१३.
▪	उत्कृष्ट संघटक "स्वयंसिध्दा" क्रिडा व युवक सेवा संचालनालय पुणे ५ सप्टेंबर २००३ ते ३ आक्टोंबर २००३.
▪	महाराष्ट्र पोलीस प्रशस्ति पत्र २६ जानेवारी २००७.
▪	जिल्हा आरोग्य अधिकारी प्रशस्ती पत्र १७ सप्टेंबर २०१३(आयोजक रक्तदान शिबिर).
▪	सर्च(चातगांव) प्रशस्ती पत्र दारू सर्वेक्षण. २ ते ४ मार्च २०१५.
▪	जिल्हा तक्रार निवारण समिती सदस्य २०१७.
▪	Nomination on progamme committee of sports as a chairman 2015-16.
▪	Nodel officer for Cluster of college 2015-16.
▪	जिल्हास्तर आंतरराष्ट्रीय युवादिन संयोजन समिती सदस्य २०११.
▪	जिल्हास्तर जागतिक एड्स दिन संयोजन समिती सदस्य २०११.
▪	Selected as a Master Trainer for District Camp Syamsidhha 1to 10 feb 2011.
▪	Selected as a Master Trainer for District Camp Syamsidhha 15 to 24 Jan. 2009.
▪	गडचिरोली कला महोत्सव २००८ जिल्हा समिती आयोजन सदस्य.
▪	Appoinment of Honorary Laison Officer (HLO) RTM Nagpur 2001

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**5) Books Published:**

1. Sports Sociology 2018 -ISBN-978-93-86092-43-4

K.S.K. Publishers & Distributors New Delhi

2. खेल मनोवैज्ञानिक 2018 -978-93-86092-42-7

K.S.K. Publishers & Distributors New Delhi

3. आहार पौष्टिकता और व्यायाम 2018 -978-93-86092-41-0

K.S.K. Publishers & Distributors New Delhi

**6) Research, Publication & Academic contribution :-**

**A. Publish Papers in Journals / Seminars / Conformance.**

Sr. No.	Name of Journal / Seminar / Conference	ISSN / ISBN No.	Year	Title of paper Submitted	Capacity of Participation	Level of Seminar / Conference	Encl.
1.	Research Dema GOGOU	2350-1081	15,16 December 2017	Effect of Competitive anxiety on national & State level players	Single	International	
2	Vidyawarta International Journal	2319-9318	March 2018	Effect of Exercise	Single	International	
3	Research Analysis & Evolution 4.279	0975-3486	May-Oct 2016	"Physical Exercise for Juvenile Diabetic" page No. 8	single	International Referred Journal	
4	SHOD, SAMIKSHA AUR MULYANKAN 1.006	0974-2832	May-Oct 2016	"Physical Activity and Health" page no. 3	-/-	-/-	
5	Research Analysis & Evolution 4.279	0975-3486	May-Aug 2015	"Stress Management" pg. no. 64,65	"	-/-	
6	SHOD, SAMIKSHA AUR MULYANKAN 1.006	0974-2832	May-Aug 2015	"Rights to Education" Page No. 28,29	"	-/-	
7	IRFA'S Uniresearch E-Journal 0234	2321-4963	Jan 2016	"स्त्री उध्दारक डॉ. बाबासाहेब आंबेडकराचे कार्य" पेज नं. २४४	"	-/-	

**B(ii) Full Paper in conference Proceeding**

1	The Menace of Female Foeticide in India	978-81-927518-3-2	15 Jan 2016	"स्त्रीयांची सामाजिक दशा व वास्तव" पेज नं. १८५	"	International	
2	Stress Management & Sports Psychology	978-93-82-351-48-4	2 Dec. 2014	"Management of Stress" Page No. 60	"	National	
3	Human Right & Contemporary	978-81-926999-5-0	19 Jan 2015	"Right to Education" Page No. 10,11	"	state	
4	A Ageing Through the Ages	978-81-7192-121-8		"वृद्धावस्था व दुर्बलांची समस्या" पेज नं. १७७	"	International	
5	साक्षरता ते आजिवन अध्ययन	978-81-927762-1-2		सामाजिक सेवा व विस्तार सेवा उपक्रम पेज नं. १६९	"	state	
6	The Rule Physical Education in Mental Health	978-93-5254-644-2		स्त्री आत्महत्येस प्रवृत्त करणाऱ्या समस्या पेज नं. २८९	"	National	

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B(iii)	Paper Oral						
1	The Role of Psychology Bhagvantrao Arts College Sironcha	-	4 March 2013	"Impact of Psychology"		National	
2	Human Development M.M.V. Gadchiroli		31 Jan 2010	"व्यवस्थापन तणावाचे"		State	
3	Stress Management R.M.G. Saoli		30 Jan 2010	आरोग्यासाठी योगासन		National	
4	Natural Resources J.S.P.M. Dhanora		4,5 March 2011	"Health And Physical Education"		National	
5	Revisiting Works of Dr. Ambedkar P.W.S Nagpur		28,29 Jan 2014	डॉ. आंबेडकर थोर विचारवंत		International	
6	मानव विकास की प्रक्रिया मे बौद्ध धर्म का योगदान Dept. of pali RTM Nagpur		7,8 Feb 2014	"मानवी विकास मे बौद्ध धर्म की नैतिकता"		International	
7	Relaxation Strategic for Sports Dayanand Kanya Mah.V. Nagpur		3,4 Jan 2011	"Sports for Fitness"		National	
8	Recent Trends in Yoga New Arts & Commerce College Wardha		22 Jan 2014	"Yoga & Student Life"		National	
9	Female Foeticide Kamala Neharu Nagpur		12 March 2014	"Rights of Women"		National	
10	Dr. Ambedkar on National Intermigration RTM Nagpur		15,16 Feb 2014	"Indian & National Integration"		National	
11	Curriculum Design for Classes Dr. Ambedkar College Nagpur		11 May 2003	"Curriculum And Hardles"		State	
12	Regulatory Mechanism in higher education Shaishik Mahasangh		13,14 Sep 20014	"Autonomy of Institution"		National	
13	RTM Nagpur		10,11 Oct 2011	"Two Decads of New Russian"		International	
14	Examination Reform Shivprasad College Arjuni Morgaon		25 Sep 2012	"Examination Reform"		Natioanl	
B(iv)	Attended Seminar/Workshop						
1	Advanced Technic in Sports N.H. College Brahmapuri		8 March 2011	Technics		National	
2	World Conference Ababasaheb Parvekar Mah. Yeotmal		11 Feb 2012	"Helth & Fitness of Student"		International	
3	STRC & ATMA		16 March 2016	"वनऔषधी शाश्वत व्यवस्थापन व लागवड"		State	
4	Sportica 2000 Babasaheb Nandurkar College Yeotmal		28 to 30 Jan 2000	"Workshop"		National	
5	विदर्भ विकास मंडळ		25 sep 2015	"Mohful Workshop"		State	
6	Maharashtra Public University Act 2011		2 March 2014	"Snaishik Mahasangh New Delhi"		National	

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7	Department of Adult Education RTM Nagpur		14 to 16 Feb 2000	"Personality Development Workshop"		State	
8	RTM & BCUD Nagpur		17,18 Aug 2007	"Biodiversity register (PBR)"		National	
9	Department of Higher Education		18 April 2012	"Yuva Jagar Workshop"		State	
10	Shaishik Mahasangh		25, 26 March 2017	"University Act 2016"		National	
11	IIIrd All India Physical Education congress		12 to 14 Sep 1992	Madras, Tamilnadu Workshop		National	
12	Academic Staff College Nagpur		6 sep 2003	"Teaching Skills Workshop"		State	
13	Vidharbha Vaidyanyanik Vikas Mandal Nagpur		16 feb 2016	"Paryavaran Shikshan Karyshala"		State	

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